



# Summer 2007 Registration Packet

**Ages 4-13 years**

**Fun, Healthy Body Movement Activities**

**Enrichment Exercises & Activities**

**Early Arrival/Late Pick-up**

**Healthy Breakfast & Snacks**

**Action Packed Trips**

**BodyMoves Students & Returning Campers  
Register by Feb 15 and save \$25 on your Registration Fee**



Welcome to KidMoves Summer Camp 2007! KidMoves is an activity based camp that promotes better health through improved eating habits and healthy body movement activities for children ages 4 to 13 years. These activities include organized sports, activity based games, tumbling, dance, and martial arts instruction. Campers also participate in enrichment activities and exercises, arts & crafts and learn about nutrition and healthy eating. All trip expenses, camp activities, instruction, before and aftercare, breakfast and two daily snacks are included in the weekly tuition. Campers also get two camp T-shirts, a water bottle and a Six Flags Season Pass, as part of the camp registration packet. KidMoves Summer Camp is certified under the Maryland Department of Health and Mental Hygiene, Code of Maryland Regulations (COMAR) 10.16.06.

Parents are invited to visit the camp at any time. Parental participation makes the camp experience much more rewarding and memorable for the campers. We also encourage parents to attend the camp field trips whenever possible. However, you may need to provide your own transportation if there is no room on the bus. The goal of KidMoves is to provide a positive, nurturing, healthy and fun camp experience for your child. Working together, we can meet and possibly exceed that goal!

Please take the time to review the following Camp Guidelines & Regulations with your child. He/she will be expected to follow these guidelines during his/her time at KidMoves Summer Camp.

### **Camp Guidelines & Regulations**

**Hours of Operation:** The camp is open from 6:00am until 7:00pm for all campers. 6:00am to 8:00 am is considered before care and 4:00pm to 7:00pm is considered aftercare. In order to fully participate in all camp activities, campers should arrive at camp no later than 8:00am and should not be picked up before 4:00pm.

**Camp Registration & Tuition Payments:** Once a camper's registration form is complete and submitted and the registration fee has been paid, that campers slot will be held for the weeks indicated on the registration form. A minimum of two (2) weeks must be selected. The campers first and last week camp tuition must be paid in full by the beginning of the first day of Camp. The registration fee is non-refundable. Once camp begins, you are financially responsible for all of the weeks indicated on your campers registration form weather he/she attends the camp or not. You may make adjustments to your campers scheduled weeks if there is available space in other weeks. Weekly paid tuition is due each Monday morning at drop-off. If tuition is not paid on or before Monday morning drop-off, camper will not be allowed to remain at camp until weekly tuition is satisfied. There are no refunds or credits for missed camp days. Camp tuition may be paid by cash, personal check, money order, credit card or logo debit card. We accept Master Card, Visa and American Express credit cards. We also offer online

invoicing and payment. Anyone interested, may sign up at the front counter. There is a \$30.00 fee for returned checks for any reason. Up to three checks may be returned before check writing privileges are discontinued. We do not accept post dated checks at camp.

**Shot Records:** Campers will not (under any circumstances) be allowed to start camp without up to date shot records on file at the camp. Please make sure you request shot records early, so campers do not have to miss any days of camp while waiting on shot records.

**Sign-In/Sign-Out:** All campers must be signed in and out by a parent or guardian each morning and evening. It is very important that you sign your camper in and out each day. The sign in sheet is used to take attendance on camp trips. The sign-in/sign-out sheet will be available on the front counter each day.

**Late Pick-up Fee:** A late pick-up fee will be charged for any camper still remaining at camp after 7:00pm. The fee is \$1.00 per minute and begins at 7:01pm. No exceptions. The clock in the camp reception area will be used to determine the time. If late fees are not paid at the time of pick-up, they will be placed on the campers account and must be paid in full no later than the next Monday at drop-off.

**Camp Information:** Please make sure you read any camp information that is posted or available at the front counter. Any changes to the camp schedule, information relating to field trips, changes or updates to camp guidelines, etc. will be either posted or available for pick-up at the front counter at the beginning or end of the day.

**Food:** KidMoves is an activity based camp that stresses good health and proper nutrition. In order for your camper to participate to his/her fullest potential, he/she must practice good eating habits. Please be aware that campers will only be allowed to eat during designated lunch and snack times.

- **Breakfast:** KidMoves provides a healthy breakfast for any camper who arrives at camp on or before 7:30am each morning. Anyone arriving after 7:30am will not be eligible for breakfast. Campers who do not participate in the camp breakfast should eat a healthy breakfast at home. The mid-morning snack will not occur until 10:00am and the first camp lunch period does not start until 11:30am. Depending on your child's group, his/her lunch period may not start until 12:30pm.
- **Snacks:** A healthy mid-morning and late-afternoon snack will be provided for all campers each day. You may send additional healthy snack food with your camper if you feel he/she will want additional food during snack times.
- **Lunch:** Please pack a healthy nutritious lunch for your camper each day. Limiting the amount of sugar, caffeine, sodium and fat your camper consumes during the day helps him/her to have a more positive attitude with increased energy and stamina. Please do not send candy of any kind in your camper's lunch. Campers will not be allowed to consume candy until after 4:00pm. We also suggest water as the drink of choice while your camper is at camp. We strongly discourage

juice or soda of any kind. Lunches will be kept in a cooler (not a refrigerator) until lunch time. We will not be able to microwave any lunch items for campers.

- **Camp Vending Machines:** Campers will not be allowed to purchase items from the vending machines until after 4:00pm each day. You may send money with your camper for this purpose. Campers with spending accounts may use money from their accounts for the vending machines (see spending account information on next page).

**Trip Days:** Unless otherwise posted in advance, camp field trips will be on Tuesday and Thursday of each week. A sign will be posted one day prior to all trips reminding parents about the trip and items needed. In order for us to be able to take trips that are more costly, certain weeks may only have one trip. A trip schedule will be provided at the beginning of camp. But, please be aware that it may be necessary to make adjustments or changes to the trip schedule.

- **T-Shirts** – All campers must wear their camp T-shirt for all trips. No exceptions. Any camper arriving at camp without their shirt on trip day must purchase a shirt for the trip.
- **Lunch** – Campers should bring their lunch in a paper bag (with all disposable items) so that once lunch is over, all items may be thrown away.
- **Water** – Please make sure your camper has water (not juice) for field trips. It is very hot and humid in this area in the summer and we want to ensure campers stay properly hydrated when they are outside and away from camp.
- **Swimming** – On trips that involve swimming or water activities, all campers should arrive at camp with their swim suits underneath their camp T-shirt. Make sure camper has a towel large enough to dry his/her self properly. Campers must wear their camp T-shirt at all times while swimming or participating in water activities. Please send an additional dry camp T-shirt to be worn after swimming or water activities. All campers must wear swim shoes (not flip-flops) when we go on swimming related outings. Please provide your camper with a plastic bag to store wet items after swimming.
- **Sunscreen** – Please provide sunscreen (SPF 30 or above) for your camper to keep at camp. On trip days it is a good idea for campers to arrive with some sunscreen already applied. Counselors will ensure campers apply additional sunscreen while on the outing.
- **Six Flags Season Pass** – Passes are provided for all campers. The pass will remain at camp while the camper is enrolled in the program (including weekends). The camper may take his/her pass on their last day of enrollment in the camp. Any coupon books that are provided with the passes will not be distributed to the campers. We will visit Six Flags Amusement Park a minimum of four times and no more than six times during the duration of camp. On trips to Six Flags, campers will need additional money to purchase lunch at the park.

**General Camp Attire:** Campers should come dressed comfortably for all types of sports, games and body movement activities. Loose fitting shorts, a T-shirt, sneakers (closed in) and socks is the safest, most comfortable and preferred attire for camp. No exposed tummies (except swim suits) or hard soled shoes are allowed. Campers should also keep a sweater or jacket at camp. It can get cold inside the camp during the day. Campers will be provided two (2) camp T-shirts. A camp T-shirt must be worn on all trips. On swim related trips, both camp T-shirts will be required. Any camper who shows up for a water related trip without two camp T-shirts must purchase an additional camp T-shirt for the trip. Additional shirts will be available for purchase for \$12.00 per shirt.

**Label Everything:** Please make sure your campers name is on everything he or she has at camp. Including all clothing items (shoes, socks, underwear, etc.), sunscreen, water bottles, lunch bags, sleeping bag, storage bin, everything!

**Personal Belongings:** KidMoves Camp cannot be responsible for lost, stolen or damaged personal property. Please discourage campers from bringing personal items such as toys, books, MP3 players, CD's, jewelry, hand held games, cell phones, etc. to camp. Any unauthorized items brought to camp may be confiscated until the camper leaves the camp.

**Sick Campers:** If your camper is not feeling well, please do not bring him/her to camp. We do not have the proper staffing or facilities to care for sick campers.

**Behavior:** Our main objectives for the summer are to stay safe, get healthier and have as much fun as possible! We cannot accomplish these goals if campers do not behave appropriately. All campers are expected to follow the directions of the camp counselors at all times without exception. Campers will be given two opportunities to correct inappropriate behavior. The third time a camper has to be reprimanded; a parent will be called to speak with the camper on the telephone. On the fourth offense a parent will be notified to come and pick up the camper. Any camper who hits another camper (for any reason, including retaliation) will not be allowed to attend the next scheduled field trip (no exceptions). Any camper, who continually misbehaves; is disrespectful to camp staff or other campers; hits, pushes, spits on, scratches, kicks, or touches anyone in an aggressive manner, may be asked to leave camp permanently. Please explain to your camper that hitting someone in self-defense is still hitting and is not acceptable behavior at KidMoves Camp.

**Camper Spending Accounts:** All activity fees for trips are included in the weekly camp tuition and it is not necessary for you to provide spending money for your camper (except on 6 Flags trips). However, if you would like your camper to have spending money on trips, you may want to consider using our camper spending account option for camper's ages 10 years and under. There is a one time set up fee of \$20.00 to initiate the account, after which you can deposit money into the account whenever you like. When on a trip, your camper can have access to a set amount of money (you determine) that will be monitored and administered by a camp staff person. All transactions will be recorded (receipts will be obtained whenever possible) so that you

may obtain information concerning your campers spending habits whenever you wish. Please be aware that camp staff persons will not be allowed to assist campers with their spending money unless a spending account has been established.

### **General Items Needed For Camp**

1. One complete change of clothing including Shorts, t-shirt, underwear, sneakers and socks to remain at camp at all times. Items need to be checked weekly to ensure items are available if needed.
2. A sleeping bag. We have a very efficient air conditioning system, often making it cool or cold at camp. Campers enjoy having a sleeping bag to use for watching movies or resting.
3. Sun screen (SPF 30 or higher) that can remain at camp.
4. One 8 ½ X 11 spiral bound 3 subject notebook.
5. An oversized t-shirt to be used as a smock or apron for arts and crafts activities.
6. Swim Shoes (not flip-flops) to be used for swimming or water activities.
7. One storage bin with lid (large enough to hold campers belongings, including sleeping bag).

Remember: All items must be labeled with your camper's full name, large enough to be easily located.

If additional items are required, a notice will be posted at the front counter at camp.



# Summer Camp Registration

Please read all information carefully. All requested information must be provided for your camper's registration to be complete.

1. CAMPER INFORMATION															
Camper's Name:	Age:	D.O.B.	<input type="checkbox"/> M <input type="checkbox"/> Fe												
Parent/Guardian Full Name:															
Street Address:		City, State & Zip:													
Parent/Guardian Phone (home):		(work):													
(cell/pager):		E-Mail:													
Health Concerns:	Yes <input type="checkbox"/> No <input type="checkbox"/> (If yes, briefly indicate health concerns below)														
<hr/> <hr/>															
2. CHILD RELEASE AUTHORIZATION															
<p>I, _____ authorize BodyMoves, LLC/KidMoves Summer Day Camp to release my child _____</p> <p style="text-align: center; font-size: small;">(parent/guardian signature) <span style="margin-left: 200px;"></span> (camper's name)</p> <p>to the following individuals who may pick up my child from camp. I understand that each person must be at least sixteen (16) years old, and that my child will not be permitted to leave the camp with anyone not listed below. All authorized persons will be required to show identification and sign the child out (<b>do not include yourself</b>).</p> <table style="width:100%; border: none;"> <tr> <td style="width: 30%; border: none;"><b>Name:</b></td> <td style="width: 30%; border: none;"><b>Phone Number:</b></td> <td style="width: 40%; border: none;"><b>Relationship:</b></td> </tr> <tr> <td style="border: none;">1. _____</td> <td style="border: none;">_____</td> <td style="border: none;">_____</td> </tr> <tr> <td style="border: none;">2. _____</td> <td style="border: none;">_____</td> <td style="border: none;">_____</td> </tr> <tr> <td style="border: none;">3. _____</td> <td style="border: none;">_____</td> <td style="border: none;">_____</td> </tr> </table>				<b>Name:</b>	<b>Phone Number:</b>	<b>Relationship:</b>	1. _____	_____	_____	2. _____	_____	_____	3. _____	_____	_____
<b>Name:</b>	<b>Phone Number:</b>	<b>Relationship:</b>													
1. _____	_____	_____													
2. _____	_____	_____													
3. _____	_____	_____													
3. SELECTION OF WEEKS	4. DISCOUNT PROGRAMS														
<p>Select the weeks camper will be attending camp. <b>Once camp starts, you are financially responsible for selected weeks whether camper attends or not.</b></p> <table style="width:100%; border: none;"> <tr> <td style="width: 50%; border: none;"><input type="checkbox"/> Week 1 (June 11 – June 15)</td> <td style="width: 50%; border: none;"><input type="checkbox"/> Week 6 (July 16 – July 20)</td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> Week 2 (June 18 – June 22)</td> <td style="border: none;"><input type="checkbox"/> Week 7 (July 23 – July 27)</td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> Week 3 (June 25 – June 29)</td> <td style="border: none;"><input type="checkbox"/> Week 8 (July 30 – August 3)</td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> Week 4 (July 2 – July 6)</td> <td style="border: none;"><input type="checkbox"/> Week 9 (August 6 – August 10)</td> </tr> <tr> <td style="border: none;"><input type="checkbox"/> Week 5 (July 9 – July 13)</td> <td style="border: none;"><input type="checkbox"/> Week 10 (August 13 – August 17)</td> </tr> </table> <p><b>A minimum of two (2) weeks must be selected for registration to be processed.</b></p> <p><b>Camp closed Wednesday, July 4, 2007</b></p>	<input type="checkbox"/> Week 1 (June 11 – June 15)	<input type="checkbox"/> Week 6 (July 16 – July 20)	<input type="checkbox"/> Week 2 (June 18 – June 22)	<input type="checkbox"/> Week 7 (July 23 – July 27)	<input type="checkbox"/> Week 3 (June 25 – June 29)	<input type="checkbox"/> Week 8 (July 30 – August 3)	<input type="checkbox"/> Week 4 (July 2 – July 6)	<input type="checkbox"/> Week 9 (August 6 – August 10)	<input type="checkbox"/> Week 5 (July 9 – July 13)	<input type="checkbox"/> Week 10 (August 13 – August 17)	<p>The following discount programs are available for any campers <b>attending six (6) weeks or more of camp.</b></p> <p><input type="checkbox"/> <b>Pay Total in Full – 10%</b> discount if all attending weeks of camp are paid on or before the first day of camp.</p> <p><input type="checkbox"/> <b>Additional Siblings – 5%</b> discount for each additional sibling (siblings Must reside at same address).</p> <p><input type="checkbox"/> <b>Pay Ahead – 3%</b> discount if a minimum of three (3) weeks tuition is Paid in advance.</p> <p><b>Note: Discount Programs cannot be combined.</b></p>				
<input type="checkbox"/> Week 1 (June 11 – June 15)	<input type="checkbox"/> Week 6 (July 16 – July 20)														
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5. COST/FEES	6. CREDIT CARD PAYMENTS (by Fax/Mail)														
<p><b>Ages 6 – 13 years: \$160.00/week (6:00am – 7:00pm)</b></p> <p><b>Ages 4 – 5 years: \$170.00/week (6:00am – 7:00pm)</b></p> <p><b>Registration Fee: \$135.00 (Includes 6 Flags season pass, 2 camp T-shirts and a water bottle)</b></p> <p><b>Camp tuition includes all camp trips and activities.</b></p> <p><b>First and last week camp tuition must be paid in full by the camper's first day. Weekly camp tuition is due each Monday morning at drop off. No Exceptions.</b></p>	<p>If paying by Fax or mail using your credit card, please complete the following information: <b>Do no leave out any required information or your registration will not be processed.</b></p> <p><input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> American Express</p> <p>Acct # _____</p> <p>Exp. Date: _____ - _____ - _____</p> <p>Provide 3 digit security code from the back of your card: <input type="text"/> <input type="text"/> <input type="text"/></p> <p style="text-align: center;">_____ Signature as shown On Credit Card</p> <p>Mr. <input type="checkbox"/> Mrs. <input type="checkbox"/> Miss <input type="checkbox"/> Ms. <input type="checkbox"/> Full Name (print): _____</p> <p style="text-align: center;">_____ (Print your full name as it appears on your card)</p> <p><b>Credit Card Billing Address:</b></p> <p>Street: _____</p> <p>City/State/Zip: _____</p> <p>Telephone: _____</p>														
7. PAYMENT OPTIONS															
<p><input type="checkbox"/> Cash (At the center only) <input type="checkbox"/> Credit Card: MC/Visa/Amex (Fax)</p> <p><input type="checkbox"/> Personal Check/Money Order (payable to: <u>BodyMoves, LLC</u>)</p> <p>Mail to: <b>BodyMoves - P.O. Box 441136 Fort Washington, MD 20749</b></p> <p>Fax to: <b>301 292-2037 (Complete section 6 before faxing)</b></p> <p><b>There is a \$30.00 fee for all returned checks.</b></p> <p>For your registration to be accepted, you must include the completed registration form and the registration fee. <b>If the registration fee is not included, no space will be held for your child.</b> Camp registration is accepted on a first come, first served basis. Once all camp slots have been filled, registration will be discontinued.</p> <p><b>Registration fee is non-refundable.</b></p>															

Both sides of this application must be completed in full for your child's registration to be processed.







## Summer Camp Permission /Waiver Form

This form must be read and signed by a parent or guardian before a child can attend camp.

### Waiver

I understand that BodyMoves, LLC/KidMoves Summer Camp assumes no responsibilities for injuries or illness which my child may sustain as a result of his/her physical condition or resulting from his/her participation in any dance, tumbling, cheering or martial arts activities, sports programs, exercise, games, or other activities. I expressly acknowledge on behalf of myself and my heirs that I assume the risk for any and all injuries and illness, which may result from his/her participation in these activities. I hereby release and discharge BodyMoves, LLC/KidMoves Summer Camp, its agents, servants, and employees from any and all claims for injury, illness, death, loss, or damages which he/she suffers as a result of his/her participation in these activities.

I understand that BodyMoves, LLC/KidMoves Summer Camp is not responsible for personal property lost or stolen while participants are in the BodyMoves facility or on the BodyMoves premises.

I give permission to BodyMoves, LLC/KidMoves Summer Camp to use without limitation or obligation, photographs, film footage or tape recordings, which may include my child's image or voice for purposes of promoting BodyMoves, LLC/KidMoves Summer Camp programs. No personal information about my child will be released other than his/her first name

### Acceptance

I acknowledge the Waiver and accept the conditions set forth above. Please sign and date as indicated below.

Child's Full Name: \_\_\_\_\_  
(Please print)

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

### Permission Waiver

I hereby grant permission for my child to be transported by BodyMoves, LLC vehicle or private charter vehicle for BodyMoves, LLC/KidMoves Summer Camp activities and field trips. I also give permission for my child to walk to and from camp activity as necessary. In case of medical emergency, I understand that every effort will be made to contact my emergency contact or me. If I or the emergency contact (listed on registration form) cannot be reached, I give permission to BodyMoves, LLC/KidMoves Summer Camp Director or their representative to secure the medical treatment deemed necessary for my child; including hospitalization, injection, anesthesia or surgery.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_